

# A PRACTICAL PLANNER TO HELP ORGANISE STRESS-FREE ACCESSIBLE TRIPS.

### **JOURNEY OVERVIEW**

KEY CONTAC	emergency number	s, breakdown cover, PA / ca	rer / support worker, and  Notes:
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KEY CONTAC			
	TC		
	•••••		
•••••	•••••	••••••	
•••••	-		
Travel Notes: ( service station	•	pecific lane, exemption pas	ses, ANPR recognition, or
Toll Roads / UL	.EZ Zones:		
			•••••••
Estimated Trav	vel Time:		
Route:			
Date(s):	••••••		
Destination:			
		ownload for other toll exem	ptions around the UK
Check out my	y 'Driving for Free' do		



### TRAVEL SCHEDUE

**TIP:** Add buffer time for rest stops, toilet breaks, and unexpected traffic delays

Time	Activity	Notes
	l	I



### **CHANGING PLACES & ACCESSIBLE TOILETS ON ROUTE**

<ul><li>✓ TIP: Check each facility's accessibility level and bring your Radar key if needed.</li><li>✓ TIP: Add a backup stop in case your main Changing Places / Stop is closed or too busy.</li></ul>
WEBSITE: https://www.changing-places.org
STOP #1 (e.g., Service Station / Changing Places):
• Address:
Opening Times:
• Facilities:
• Contact Number:
• Food Options:
STOP #2
• Address:
• Opening Times:
• Facilities:
• Contact Number:
• Food Options:
STOP #3
Address

- Address:
- Opening Times:
- Facilities:
- Contact Number:
- Food Options:



PARKING ( TIP: Double check online for current parking charges or disabled

TAKKING OTHER DOUBLE-CHECK Offline for current parking charges of disabled	
WEBSITE: https://www.parkopedia.com/	
ON STREET / CAR PARK / DESTINATION PARKING:	
• Car Park / Road Name:	
Address / Postcode:	
Blue Badge Spaces:	
Height Restrictions:	
• Fees:	
Notes (e.g., "staff will reserve a space," or "multistorey with lift access").	
ON STREET / CAR PARK / DESTINATION PARKING:	
Car Park Name:	
Address / Postcode:	
Blue Badge Spaces:	
Height Restrictions:	
• Fees:	
• Notes	
ON STREET / CAR PARK / DESTINATION PARKING:	
• Car Park / Road Name:	
Address / Postcode:	
Blue Badge Spaces:	

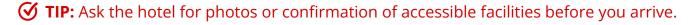
• Fees:

• Height Restrictions:

Notes



#### **ACCOMMODATION**



- Hotel / B&B Name:
- Address:
- Contact Number:
- Booking Reference:
- Check-In / Out Times:
- Accessibility Notes:
- Step-free access
- Wet room / roll-in shower
- Bed height / space to transfer
- Power socket locations
- On-site parking

#### **TICKETS & BOOKING INFO**

**TIP:** Always save booking confirmations offline in case of poor signal at the venue.

- **TIP:** Call ahead and confirm accessibility and companion place
  - Event / Venue:
  - Booking Reference / QR Code:
  - Accessible Seating Arrangements:
  - Companion Ticket:
  - Arrival Time:
  - Entry / Security Info:



ACCESSIBLE COFFEE SHOPS AND RESTURANTS
<b>TIP:</b> Call ahead and ask about step-free access, wide spaces between tables, and accessible toilets.
Restaurant / Café
• Location
• Accessibility
Booking Needed
• Contact No
Special Dietary Requirements
• Restaurant / Café
• Location
• Accessibility
Booking Needed
• Contact No
Special Dietary Requirements
Restaurant / Café
• Location
• Accessibility
Booking Needed

- Contact No
- Special Dietary Requirements



### **SCENIC DRIVE / POINTS OF INTEREST**

• Notes:

<b>⊗</b> 1	<b>FIP:</b> Plan a scenic drive with accessible way points and stopping points with amazing views <b>FIP:</b> If planning a walk - check gradients and surface types before travelling.
	WEBSITE: https://www.google.com/streetview/
• 5	Start Point:
• \	Waypoints / Stops:
•	End Point:
•	Notes: (E.g., viewpoints, rest breaks, or alternative routes.)
• 5	tart Point:
• \	Vaypoints / Stops:
• E	ind Point:
• [	lotes:
• \$	tart Point:
• \	Vaypoints / Stops:
• E	ind Point:
• N	lotes:
• \$	tart Point:
• V	Vaypoints / Stops:
• E	ind Point:



ACC	CESSIBILITY QUICK CHECKLIST	
	Changing Places mapped	
	Parking confirmed (blue badge spaces / height limits)	
	Hotel accessibility verified	
	Restaurants / cafés checked for step-free entry	
	Tickets & access passes ready	
	Radar key packed	
	Medical / personal items packed	
	Charging cables / backup batteries ready	
	Accessible toilets on route planned	
	Weather & terrain checked	
PER.	SONAL REMINDERS	
	Radar key	
	Wheelchair charger	
	Hoist	
	Posture Support	
	Medications	
	Backup clothing	
	Emergency snacks / drinks	
	Assistance contact details	

### **NOTES & AFTERTHOUGHTS**

**TIP:** Use this space for notes after your trip — what worked well, what could be improved, and accessibility updates for your next trip.