

**A PRACTICAL PLANNER TO HELP ORGANISE STRESS-FREE
ACCESSIBLE TRIPS.**

✔ **TIP:** Always check for ULEZ/toll exemptions in advance and make sure your vehicle registration is up to date. **WEBSITE:** <https://tfl.gov.uk>

Check out my 'Driving for Free' download for other toll exemptions around the UK

Destination:

Date(s):

Route:

Estimated Travel Time:

Major Roads / Motorways:

Toll Roads / ULEZ Zones:

Travel Notes: (E.g., need to use a specific lane, exemption passes, ANPR recognition, or service station stops.)

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✔ **TIP:** Include emergency numbers, breakdown cover, PA / carer / support worker, and accommodation.

Name:	Role:	Number:	Notes:

TRAVEL SCHEDULE

Time	Activity	Notes

ACCESSIBLE TRAVEL TOOLKIT

CHANGING PLACES & ACCESSIBLE TOILETS ON ROUTE

✓ **TIP:** Check each facility's accessibility level and bring your Radar key if needed.

✓ **TIP:** Add a backup stop in case your main Changing Places / Stop is closed or too busy.

 **WEBSITE:** <https://www.changing-places.org>

STOP #1 (e.g., Service Station / Changing Places):

- Address:
- Opening Times:
- Facilities:
- Contact Number:
- Food Options:

STOP #2

- Address:
- Opening Times:
- Facilities:
- Contact Number:
- Food Options:

STOP #3

- Address:
- Opening Times:
- Facilities:
- Contact Number:
- Food Options:

ACCESSIBLE TRAVEL TOOLKIT

PARKING  **TIP:** Double-check online for current parking charges or disabled



WEBSITE: <https://www.parkopedia.com/>

ON STREET / CAR PARK / DESTINATION PARKING:

- Car Park / Road Name:
- Address / Postcode:
- Blue Badge Spaces:
- Height Restrictions:
- Fees:
- Notes (*e.g., "staff will reserve a space," or "multistorey with lift access"*).

ON STREET / CAR PARK / DESTINATION PARKING:

- Car Park Name:
- Address / Postcode:
- Blue Badge Spaces:
- Height Restrictions:
- Fees:
- Notes

ON STREET / CAR PARK / DESTINATION PARKING:

- Car Park / Road Name:
- Address / Postcode:
- Blue Badge Spaces:
- Height Restrictions:
- Fees:
- Notes

ACCESSIBLE TRAVEL TOOLKIT

ACCOMMODATION

✓ **TIP:** Ask the hotel for photos or confirmation of accessible facilities before you arrive.

- **Hotel / B&B Name:**
 - **Address:**
 - **Contact Number:**
 - **Booking Reference:**
 - **Check-In / Out Times:**
 - **Accessibility Notes:**
 - **Step-free access**
 - **Wet room / roll-in shower**
 - **Bed height / space to transfer**
 - **Power socket locations**
 - **On-site parking**
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TICKETS & BOOKING INFO

✓ **TIP:** Always save booking confirmations offline in case of poor signal at the venue.

✓ **TIP:** Call ahead and confirm accessibility and companion place

- **Event / Venue:**
- **Booking Reference / QR Code:**
- **Accessible Seating Arrangements:**
- **Companion Ticket:**
- **Arrival Time:**
- **Entry / Security Info:**

ACCESSIBLE TRAVEL TOOLKIT

ACCESSIBLE COFFEE SHOPS AND RESTURANTS

✓ **TIP:** Call ahead and ask about step-free access, wide spaces between tables, and accessible toilets.

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- Restaurant / Café
 - Location
 - Accessibility
 - Booking Needed
 - Contact No
 - Special Dietary Requirements

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ACCESSIBLE TRAVEL TOOLKIT

SCENIC DRIVE / POINTS OF INTEREST

✓ **TIP:** Plan a scenic drive with accessible way points and stopping points with amazing views

✓ **TIP:** If planning a walk - check gradients and surface types before travelling.



WEBSITE: <https://www.google.com/streetview/>

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- **Start Point:**
 - **Waypoints / Stops:**
 - **End Point:**
 - **Notes:** *(E.g., viewpoints, rest breaks, or alternative routes.)*

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ACCESSIBLE TRAVEL TOOLKIT

ACCESSIBILITY QUICK CHECKLIST

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|--|--------------------------|
| ☐ Changing Places mapped | ☐ |
| ☐ Parking confirmed (blue badge spaces / height limits) | ☐ |
| ☐ Hotel accessibility verified | ☐ |
| ☐ Restaurants / cafés checked for step-free entry | ☐ |
| ☐ Tickets & access passes ready | ☐ |
| ☐ Radar key packed | ☐ |
| ☐ Medical / personal items packed | ☐ |
| ☐ Charging cables / backup batteries ready | ☐ |
| ☐ Accessible toilets on route planned | ☐ |
| ☐ Weather & terrain checked | ☐ |

PERSONAL REMINDERS

- | | |
|--|--------------------------|
| ☐ Radar key | ☐ |
| ☐ Wheelchair charger | ☐ |
| ☐ Hoist | ☐ |
| ☐ Posture Support | ☐ |
| ☐ Medications | ☐ |
| ☐ Backup clothing | ☐ |
| ☐ Emergency snacks / drinks | ☐ |
| ☐ Assistance contact details | ☐ |
| ☐ Documents (ID, insurance, bookings, exemption passes) | |

NOTES & AFTERTHOUGHTS

✓ **TIP:** Use this space for notes after your trip — what worked well, what could be improved, and accessibility updates for your next trip.